**HANDOUT 1**

**Exploring Careers**

Use this worksheet to think about how you might explore a career of interest.

Kudos helps you find information about careers

There are lots of places, and sources, you can visit to find out information about careers. Check out what you know about each place or source by linking them with the information you might expect to find.

**Hint:** you can log into Kudos online to explore careers related to your skills and interests in more detail. Favourite those careers you are most interested in by clicking the ‘thumbs up’ sign.

|  |  |
| --- | --- |
| **Name:** |  |
| **Tutor Group / Class:** |  |
| **Year Group:** |  |

**Activity: Match the letter representing the information you are researching on the far left of the table with the place you might find that information.** Examples shown in table. Note: the information in column A might match multiple information sources in column B.

|  |  |  |  |
| --- | --- | --- | --- |
|  | **COLUMN A** |  | **COLUMN B** |
| **A** | Fashion Trends |  | Newspaper |
| **B** | Holidays |  | Phone app |
| **C** | Local Employers |  | Careers library |
| **D** | Homework | **J** | Travel agent |
| **E** | Careers |  | Manual |
| **F** | Joining a Sports Team |  | Sports centre |
| **G** | Politics |  | GP surgery |
| **H** | Health Problems |  | Jobcentre/Jobcentre Plus office |
| **I** | Music Charts |  | Local library |
| **J** | Travel Times | **J** | Railway station |
| **K** | Cooking |  | Magazine |
| **L** | National Employers |  | Airport |
| **M** | TV Programmes |  | TV |
| **N** | Jobs |  | Bank and building society |
| **O** | Music Concerts |  | Recipe book |
| **P** | Local News |  | Radio |
| **Q** | Saving Pocket Money |  | TV guide |
| **R** | National News | **B, E, I, J, O** | Internet |
| **S** | Spelling of Words | **J** | Bus timetable |
| **T** | Car Repairs |  | Dictionary |
| **U** | Sports Results |  | School library |

**Q: Which sources of information did you find you wrote down only once?**

|  |
| --- |
|  |
|  |

**Q: Which sources of information did you use the most?**

|  |
| --- |
|  |
|  |

**Q: Which does this show you about looking for information?**

|  |
| --- |
|  |
|  |

**HANDOUT 2**

**Exploring Careers**

Use this worksheet to create your own personal action plan.

|  |  |
| --- | --- |
| **Name:** |  |
| **Tutor Group / Class:** |  |
| **Year Group:** |  |

**Q: What are your current career ideas?** Write them below.

|  |
| --- |
|  |
|  |
|  |
|  |
|  |
|  |
|  |
|  |
|  |
|  |

**Q: What research have you done on these careers? What did you find out?**

|  |
| --- |
|  |
|  |
|  |
|  |
|  |
|  |
|  |
|  |
|  |
|  |

**Q: Of the listed items below, which will you use to research your career(s) in more detail?** Put an X on the line in the right-hand column.

|  |  |
| --- | --- |
| Books |  |
| Careers Library |  |
| Speaking to Employers |  |
| Internet |  |
| Newspapers |  |
| Kudos |  |
| Magazines |  |

|  |  |
| --- | --- |
| **I plan to research this by:** (enter date) |  |
| **Signed by:** |  |
| **Date:** |  |

**What’s next?**

Log in to Kudos and research or revisit your Career suggestions from Year 8 and 9. Favourite those Careers you are interested in and create an action plan for these Careers.